

(Disciples of Christ)

8814 Kensington Parkway  
Chevy Chase, MD 20815  
[www.nc4disciples.org](http://www.nc4disciples.org)

# THE CHIMES

An Open and Affirming Congregation  
Connecting Faith with Community

## SEPTEMBER

HYBRID WORSHIP 11:00 A.M.  
Rev. Tatham preaching

**SUNDAY, SEPTEMBER 1, Labor Day Weekend**  
**"Whatever You Do..."**,  
Psalm 90:16-17; Colossians 3:14-17



**Board Meeting**

**Tuesday, September 3, 7:00 p.m.- ZOOM BOARD MEETING**

**Reports should be submitted to Moderator, Andrea Sherman by SUNDAY, SEPTEMBER 1**

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**SERMON SERIES** - Beginning on Sunday, September 8, Rev. Tatham will be setting the tone for fall stewardship of time, talents, and finances. Stewardship resources will be available beginning on the 8th and "Celebration Sunday" plans are TBA.

**SUNDAY, SEPTEMBER 8 – NOTE: We will be INDOORS for worship and Coffee Fellowship on the 8<sup>th</sup>. Join us in Worship as we welcome in the Fall. "You're In Good Hands"**



Scripture: Psalm 100; Numbers 27: 12-20

Do we trust God to carry our legacies into the future, beyond our own control and even beyond our own sight? Do we have the faithfulness to put our plans in others' hands? Joining us in worship will be our Jazz

Trio and this will be the last time our Vocal Ensemble will be together to sing. The Choir will also be bringing special music this Sunday. **DON'T MISS OUT ON WORSHIP!**

## **SUNDAY, SEPTEMBER 15**

**"Our Ancestors' Faithfulness"** *Scripture: Psalm 127, Ruth 4:9-17; Matthew 26:6-13*

In the story of Ruth, we find a genealogy that draws the legacy of Ruth, Boaz, and Naomi out to David. In our Christian tradition, we extend that lineage all the way out to Joseph, Jesus' earthly father. If it were not for this domestic drama of faithfulness, Joseph might never have been born, to shield, care for, teach, and support Jesus. What might our congregation's many acts of faithfulness engender, decades or even centuries down the line? In Matthew's Gospel, Jesus uses the example of the woman who anointed his feet with precious oil to remind us that this woman's sacrifice stands as a human echo of what it means to give our all in love.



**ELDERS' MEETING**

**SUNDAY, SEPTEMBER 15**

**FOLLOWING COFFEE FELLOWSHIP**

**Weir Lounge**

## **SUNDAY, SEPTEMBER 22 – OUTDOOR WORSHIP & Coffee Fellowship (weather permitting!)**

**"God's Co-Workers"**

*Scripture: Psalm 65, 1 Corinthians 3:1-9*

In another of the letters attributed to Paul, there is a beautiful reminder that our legacy is not of our own making, nor to our own glory, but is a gift of God to God's glory.



*Retirement only means  
it is time for a new adventure.*

## **SUNDAY, SEPTEMBER 29** **Rev. Tatham's Final Sunday**

Our worship on September 29 will be filled with many emotions as we celebrate 19 years of ministry and fellowship with Rev. Tatham who retires at the end of the month. The service will feature the gift of music from the NC4 Jazz Trio and the NC4 Choir as well as the gift of dance from the Lumin Christi dancers. Rev. Dr. Marcus Leather, our Regional Minister, will recognize the ministry of Rev. Tatham and offer an official farewell. Following the service, we will enjoy a wonderful Reception honoring Rev. Tatham in Harlow Hall.

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### **Updates**

At the Leadership meeting held in August, there were several plans put into place that will begin this month as Rev. Tatham moves into retirement.

1. **OFFICE SUPPORT:** We will be soliciting volunteers to cover office during the mornings of October 23-November 3.
2. **E-MINDER:** We will begin sending out an “E-CHIMES” on the last Tuesday of the month, rather than a full Chimes Edition. This will be an expanded e-minder that will contain the elements of the regular Monthly Chimes.
3. **BULLETINS:** The bulletins will be pared down a bit to include only the essential elements of the worship service.
4. **PROPERTY:** A Property Team will be acting, in conjunction with our Church Secretary, as the major liaison between Duane Rollins, our contact project manager.
5. **WORSHIP:** Sally Coberly will be monitoring our SignUp Genius to make sure that Worship Leaders and Elders are signed in for leading in Worship each week.

**Pulpit supply** will be shared by the Rev. Dr. Michael McMahon who is no stranger to us, and by **Rev. Brian Edwards**. Rev. Edwards is a counselor and Executive Director of Suburban Crossroads Counseling, based in Ellicott City. Before becoming a mental health counselor, Brian served on the staff of both Disciples of Christ and Cooperative Baptist Fellowship



congregations. He earned his Bachelor of Behavior Science in Applied Theology from Hardin-Simmons University, a Master of Divinity from Logsdon Seminary, and a Master of Arts in Counseling Psychology from Towson University. Brian is also a freelance writer and speaker. Brian and his wife, Lauren, who is a professor at UMBC, live in Catonsville.

- 6. **PASTORAL CARE** will be provided by our Elders, by contacting our Chair of the Elders, Anne-Marie Crawford.

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**TO OUR TWO NEWEST BUILDING USERS**  
**Westlake BSA Troop** will begin having their pack and troop meetings here at the church this month. We are delighted to add this group of Scouts!

**Washington Conservatory of Music** whose orchestra has called NC4 its home for two concerts a year since 2022, is now bringing more of its program to NC4. There will be private students using some of the available rooms upstairs as well as several groups using the sanctuary for rehearsals and recitals.

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**UPDATE ON THE BATS & BEES ISSUE**

After MANY months of negotiations with those who can help us with the bats & bee problem we've had, **Titan Restoration** will begin work this month eliminating the carpenter bees and repairing the soffits all the way around the building. The soffit repair work will then eliminate the entry ways that the bats have been using to get into our attic.



At the apex in the front (facing the lawn) of our building, **Azure B Apiaries Honey Bee Removal Services** will humanely remove the honey bees and all traces of them to safely move them to their Apiary location.

This work will require that an 80' lift be on the property for 3-4 days. PLEASE be aware of that as you move in and out of the parking lot area.

Once all the elimination/repair work is completed, we will have a crew who will come in and fumigate/sanitize the attic. Following that, we will have our organ maintenance done. **PLEASE BE IN PRAYER FOR ALL OF THIS WORK!**



**Thanks to you...** we provided 18 new Bright Future backpacks to Church World Services. Each backpack will help welcome unaccompanied refugee youth ages 14+ to give them the courage and supplies they need to feel prepared and ready for entering their new school this year.

**★HAPPY★  
BIRTHDAY! to...**

- September 3** Carmen Longo
- September 4** Karen Bartman
- September 6** Sarah Casseday
- September 6** Devin Rambarran
- September 13** Henry "Hank" Crawford

- September 19** Michael Harvey
- September 21** Jackson Lee
- September 24** Kathy Byars
- September 26** Sally Coberly
- September 27** Angie Davis
- September 30** Airlie Longo-Hur



**SEPTEMBER**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">RECURRING EVENTS LEGEND: CR=Community Room; HH=Harlow Hall; SANCT=Sanctuary; WL=Weir Lounge; MC=Memorial Chapel</p> <p align="center"><b>CHURCH EVENTS IN BOLD</b></p>						
<b>1 TITAN REPAIRS</b> <b>11A - Hybrid Worship (Sanc.)</b> <b>12P - Coffee Fellowship</b> 1P - Rwandan Worship (Sanc)	<b>2 LABOR DAY</b> <b>Office Closed</b> 8A: MoW Office Open	8A: MoW Office Open <b>10A: - Zoom Prayer Group</b>  7:30P - AA (HH)	8A: MoW Office Open  6P: Heritage SC (Sanc) 6:30P - Gerrymanders (HH) 7:30P - Gateway AA (CR)	8A: MoW Office Open  5P: Jazz Academy	<b>Office Closed</b> 8A: MoW Office Open	7
<b>8</b> <b>11A - Hybrid Worship</b> <b>OUTDOORS, 12P - Coffee Fellowship</b> 1P - Rwandan Worship (Sanc) 1P: NCC Connections Concert (HH/Outdoors)	<b>Office Closed</b> 8A: MoW Office Open  6P: Scouts (HH)	8A: MoW Office Open <b>10A: - Zoom Prayer Group</b>  6P: WCM (Sanc) 7:30P - AA (HH)	8A: MoW Office Open 8:30A: Needlechasers  6:30P - Gerrymanders (HH) 7:30P - Gateway AA (CR)	8A: MoW Office Open  5P: Jazz Academy	<b>Office Closed</b> 8A: MoW Office Open  6:30P: Heritage Signature Chorale	14 9:30A-1P: SHN (CR)  11A: Gabriela Ramirez Baby Shower
<b>15</b> <b>11A - Hybrid Worship (Sanc.)</b> <b>12P - Coffee Fellowship/Elders' Mtg. (WL)</b> 1P - Rwandan Worship (Sanc)	<b>Office Closed</b> 8A: MoW Office Open  6P: NCOS (HH) 6P: Scouts (CR)	8A: MoW Office Open <b>10A: - Zoom Prayer Group</b>  6P: WCM (Sanc) 7P: Village of NCC Bd. (CR) 7:30P - AA (HH)	8A: MoW Office Open  6:30P: Gerrymanders (HH) 7:30P - Gateway AA	8A: MoW Office Open  5P: Jazz Academy	<b>Office Closed</b>  8A: MoW Office Open  6:30P: Heritage Signature Chorale	21
<b>22</b> <b>11A - Hybrid Worship (Sanc.)</b> <b>12P - Coffee Fellowship</b> 1P - Rwandan Worship (Sanc)	<b>Office Closed</b> 8A: MoW Office Open  6P: Scouts (HH)	8A: MoW Office Open <b>10A: - Zoom Prayer Group</b>  6P: WCM (Sanc) 7:30P - AA (HH)	8A: MoW Office Open 8:30A: Needlechasers  6:30P - Gerrymanders (HH) 7:30P - Gateway AA (CR)	8A: MoW Office Open  5P: Jazz Academy	<b>Office Closed</b> 8A: MoW Office Open 1P: NCOS Event (HH)  6P: Good News Revival (Sanc)	28 NCOS Event (HH) 9:30A-1P: SHN (CR)  5P: Good News Revival (Sanc)
<b>29</b> <b>11A - Hybrid Worship (Sanc.)</b> <b>12P - Coffee Fellowship/Reception for Rev. Tatham</b> 1P - Rwandan Worship (Sanc) 2P - Good News Revival (Sanc) 4P: WCM (HH)	<b>Office Closed</b> 8A: MoW Office Open  6P: Scouts (HH)					

# Self-Care September 2024

SUNDAY

1 Find time for self-care. It's not selfish, it's essential

8 Be willing to share how you feel and ask for help when needed

15 Find a caring, calming phrase to use when you feel low

22 Take your time. Make space to just breathe and be still

29 Write down three things you appreciate about yourself

MONDAY

2 Notice the things you do well, however small

9 Aim to be good enough, rather than perfect

16 Leave positive messages for yourself to see regularly

23 Let go of other people's expectations of you

30 Remind yourself that you are enough, just as you are

TUESDAY

3 Let go of self-criticism and speak to yourself kindly

10 When you find things hard, remember it's ok not to be ok

17 No plans day. Make time to slow down and be kind to yourself

24 Accept yourself and remember that you are worthy of love



WEDNESDAY

4 Plan a fun or relaxing activity and make time for it

11 Make time to do something you really enjoy

18 Ask a trusted friend to tell you what strengths they see in you

25 Avoid saying "I should" and make time to do nothing



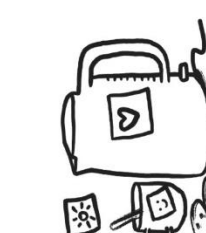
THURSDAY

5 Forgive yourself when things go wrong. Everyone makes mistakes

12 Get active outside and give your mind and body a natural boost

19 Notice what you are feeling, without any judgement

26 Find a new way to use one of your strengths or talents



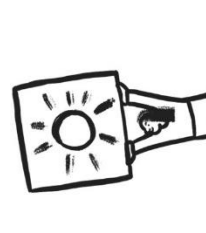
FRIDAY

6 Focus on the basics: eat well, exercise and go to bed on time

13 Be as kind to yourself as you would to a loved one

20 Enjoy photos from a time with happy memories

27 Free up time by cancelling any unnecessary plans



SATURDAY

7 Give yourself permission to say 'no'

14 If you're busy, allow yourself to pause and take a break

21 Don't compare how you feel inside to how others appear outside

28 Choose to see your mistakes as steps to help you learn



ACTION FOR HAPPINESS

Happier · Kinder · Together

**IMPORTANT REMINDERS:**

**CHURCH CALENDAR**—If you need to schedule a meeting or are meeting vendors/workers here at the church PLEASE double check the church calendar posted on the Glass-way bulletin board or online at <http://www.nc4disciples.org/calendar> OR EMAIL the church office and ask about available dates.

**E-CHIMES**—We would **LOVE** to have your articles, updates and information to put in the monthly E-CHIMES which will go out on the LAST Tuesday of the month. Information should be sent to [northchevy Chase58@gmail.com](mailto:northchevy Chase58@gmail.com)

**In case of pastoral emergencies please call Elder Anne-Marie Crawford, 301-520-4171  
FOR UPDATES TO THE CHURCH CALENDAR  
Please contact the office at [northchevy Chase58@gmail.com](mailto:northchevy Chase58@gmail.com).**